

***APACHE SCOUT
MIND CONTROL
MIND SUCK
ELIMINATOR***

***Apache Scout
Mind Control 2012***

***“How to stop and eliminate the
Mind Suck in Seconds”***

***By Mr. Twenty Twenty
Version 2.0***

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SUMMARY AND RESOURCES

Foreword

Stupid self talk - makes you stupid - costs you money - and sanity - and makes you BORING.

That's why you want to STOP IT DEAD in it's tracks now.

And you'll discover why in just a few minutes why most people are almost completely powerless against their own STUPID SELF TALK.

Anyhoo... you are going to learn here a very simple drill many of our coaching clients find VERY POWERFUL - and fast. And I will guarantee you learned it here FIRST.

Onward!

FIRST - THE MISTAKE MOST PEOPLE MAKE.

Most people say that we've got to "start on the inside" before change happens on the outside. In many areas of life, love, and happiness - that is absolutely true. Starting on the inside where you need to start on the inside is VITAL to your success, sanity and happiness. Like it's like the inside is a screwdriver, that you use to turn the screw.

However... starting on the inside in this particular instance - and in a number of others - simply won't work for most people. Think about it. And if you have ever tried to make your mind SHUT UP - you'll notice sometimes it works - and but much of the time – it just starts up again – and often Stupid Self Talk can hypnotize you.

Here is what works, and why.....

WHY DO WE KEEP LISTENING TO STUPID SELF TALK?

Why do we listen to stupid talk AT ALL?

WHY? Because we are trained to.

What is even worse is, we KEEP TRAINING ourselves to listen to it.

Grandpa used to say...

Ignore all comments made by stupid people. Even those who sound smart.

Ignore all stupid comments made by smart people. Period.

Why do we stand around and listen?

We claim it is to be courteous.

We pretend it is to be kind.

The real reason is that we are trained to be WIMPS.

We are trained to be WUSSIES.

Because – the most discourteous thing you can do - the most unkind things you can do are:

Let someone keep saying THE SAME OLD CRAP that keeps them stuck and frustrated.

Let them put THEIR crap in YOUR MIND.

POWER POINT:

When you STOP THEM DEAD IN THEIR TRACKS – you give them a chance to really live life.

When you let them ramble like a bb in a boxcar – you and them get to lose your senses, trance out, and live a limited life.

WHAT TO DO?

1. Walk away. Just walk away. That way, YOU don't get INFECTED.
2. Redirect to something USEFUL. “Okay... now what do you think about this?”
3. Spell it out.
 - a. We talked about this before.
 - b. Are there any significant changes – that matter – that you think I am interested in?
 - c. Let's find something fun, productive, positive, to talk about. You want to pick, or do you want me to now?

GETTING OUT OF THE BOX.

You'll notice that Steve Stupid Talk is a box in the video.

You have to get THEM AND YOU IDEALLY out of the box.

At first they might resist, or think it rude.

In time you will be sought out as someone who gets people out of their box.

The box is a prison at best.

In time The Box becomes a casket.

Get out of THE BOX.

Keep yourself out of the box with this secret:

One of the most effective ways to keep yourself out of the box is to help others stay out of the box. Leaders, real leaders lead.

POWER POINT: You can LEAD OTHERS and AUTOMATICALLY LEAD YOURSELF out of the box – or you can attempt to do what most people teach – you can attempt to MANAGE YOUR MIND.

PICK: Leader or Manager?

ACTION STEP: Draw Steve Stupid Talk below. Promise yourself that you will help you and help others STAY AND GET out of the box.

USE THE SECRET OF REPETITION

Repetition doesn't convince.
Repetition can actually reprogram.

Hear it often enough – it becomes accepted as true.

This is liberating IF you are speaking in love and in truth.

Repetition can brain wash.

Repeat bullshit long enough – almost everyone accepts it as true.

Having a canned bumper sticker thought, eliminates the NEED for thinking.

Noticing what is TRUE – REAL – LOVING – NATURAL...

with repetition

repeatedly

and choosing to TALK ABOUT IT...

will free your mind and invite you to soar.

ACTION STEP: Write out what you have repeatedly talked about this week. Notice. Change.

ACTIVATE THE DYNAMICS

Three things tend to happen.

1. They talk. We listen.
2. Stand still and think about what we WOULD SAY – if we were not wussies and wimps.
3. Drain and de-energize.

#1 They talk. We listen.

Movies.

Apply to self.

Apply to others.

#2 Think about what we would say.

Stand still. “At attention”.

In TRANCE.

Daydreaming and getting programmed and patterned.

#3 Drain and Denergize.

Waste of body energy and mind clarity.

Then we wonder why we are tired.

Then we wonder why we are confused.

HOW TO BE A REAL LIFE ACTION JACKSON

1. Become Italian.

Be energized.

Be entertaining.

2. Ask questions.

Ask questions to redirect.

Ask questions to initiate.

3. Something.

Something else.

Something more.

Something new.

BIG ARSE BONUSES

Yang / Yin Balances.

#1 is all about taking care of your internal visual and internal auditory.

#1. Yang. Strong. Sexy. Healthy. Young. Tough.

#1. Yin. Meditate. Calmly see the scene of implications.

#2 is all about taking care of your kinesthetic.

#2. Yin. Still and Sunk.

#2. Yang. Energized and Explosive.

NLP PLUS

The I / You push.

“You know what it is like when you.....”

Positive.

Powering.

Purposeful.

SUMMARY AND THANK YOU

THANK YOU!

Thank you for reading. Thank you for listening. Thank you for playing. Thank you for choosing to get out of the box, and help others get out of their prison.

Now tell a friend. Be a leader. Be truly courteous and kind. Listen to the recordings often. Listen to them live with a friend.

Teach / train someone else in this. Be sneaky if you need to. It's for their own good.

And if you love what we do, share it, get some more, do some live coaching / training.

We are all in this together. Let's make a difference. Let's Walk in Power. And have a life worth living.

Mr Twenty Twenty

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